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Screening older people for CKD

1 **Outcomes for Older People with Screening Detected Versus Existing Chronic Kidney Disease:**

2 **Cohort Study with Data Linkage**

3

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13

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19

20

21

22 Abstract

23

24 **Background** Chronic Kidney Disease (CKD) is a common health problem, associated with increased risk
25 of cardiovascular disease (CVD), end stage kidney disease (ESKD), and premature death. A third of
26 people aged ≥ 70 years have CKD, many of whom are undiagnosed, but little is known about the value
27 of screening.

28

29 **Aim** To compare the risk of adverse health outcomes between people with an existing diagnosis of
30 CKD and those identified on screening. To identify factors associated with mortality in CKD.

31

32 **Design** Prospective cohort study of 892 primary care patients aged ≥ 60 years with CKD (existing and
33 screening detected) in Oxfordshire, with data linkage to civil death registry and secondary care.

34

35 **Methods** Hazard Ratios (HR) and 95% Confidence Intervals (CI) were estimated using Cox
36 proportional-hazard models to compare the risk of all-cause mortality, hospitalisation, CVD, ESKD
37 separately, and as a composite between CKD groups, as well as to identify factors associated with
38 mortality.

39

40 **Results** After a median follow-up of 3-5 years, 49 people died, 493 were hospitalised, 57 had an
41 incident CVD event, and 0 had an ESKD event. There was no difference in the composite outcome
42 between those existing CKD and those identified on screening (HR 0.94, CI 0.67-1.33). Older age (HR
43 1.10, CI 1.06-1.15), male sex (HR 2.31, CI 1.26-4.24), and heart failure (HR 5.18, CI 2.45-10.97) were
44 associated with increased risk of death.

45

46 **Conclusion** Screening older people for CKD may be of value, as their risk of short-term mortality,
47 hospitalisation, and CVD is comparable to people routinely diagnosed. Larger studies with longer

48 follow-up in more diverse and representative populations of older adults are needed to corroborate
49 these findings.

50

51 Keywords

52

53 Chronic Kidney Disease | Screening | Prognosis | Primary Care | Cohort Studies

54

55 How this fits in

56

57 Chronic kidney disease (CKD) is a common health problem in older adults, estimated to affect up to
58 35% of people over 70 years old. CKD is associated with a significantly increased risk of cardiovascular
59 disease (CVD) and premature death. Many people are living with CKD undiagnosed, but little is known
60 about the potential benefit of screening older people for the condition. Our findings show that the
61 risk of short-term mortality, hospitalisation, and CVD is comparable in people diagnosed through
62 screening to those diagnosed routinely in primary care. This suggests that screening older people for
63 CKD may be of value, to increase detection and enable disease-modifying treatment to be initiated at
64 an earlier stage. Larger studies with longer follow-up in more diverse and representative populations
65 of older adults are needed to corroborate these findings.

66

67

68

69 Introduction

70

71 Chronic kidney disease (CKD) is a common and increasing health problem, with an estimated
72 prevalence of 13.9% in adults in England.¹ This is largely attributed to the ageing population and rising
73 prevalence of type 2 diabetes and hypertension.^{2,3} CKD is a heterogenous group of disorders
74 characterised by an estimated glomerular filtration rate (eGFR) <60 mL/min/1.73m² and/or other
75 measures of kidney damage, including a urine albumin creatinine ratio (ACR) > 3mg/mmol, present
76 for at least three months.⁴ CKD is a powerful and independent risk factor for cardiovascular disease
77 (CVD) and premature death.^{5,6} Whilst most people with CKD will not develop end stage kidney disease
78 (ESKD) in their lifetime, the burden of CVD is substantial, even in early stages of CKD. Early detection
79 of CKD is recommended to address cardiovascular risk, slow CKD progression, and reduce those
80 developing ESKD.⁷ This can be achieved through blood pressure control, renin-angiotensin system
81 (RAS) inhibitors and sodium-glucose co-transporter 2 (SGLT2) inhibitors, which have been shown to
82 prevent adverse cardiovascular and kidney outcomes in people with CKD.^{8,9}

83

84 CKD is often asymptomatic, particularly in the early stages and consequently many people are living
85 with the condition undiagnosed.^{10,11} Screening for CKD can be useful in identifying unrecognised cases,
86 but full population screening is low yield and may not be cost effective.^{12,13} Screening programmes in
87 high-risk groups, including those with diabetes and hypertension are well established.^{4,14} It is
88 estimated that up to 35% of people over 70 years of age are living with CKD in part due to age-related
89 decline in kidney function.³ However, despite this high prevalence, targeted CKD screening of older
90 adults is not routinely implemented in clinical practice, and its potential value has not been well
91 explored.

92

93 In 2013, the Oxford Renal Cohort (OxRen) Study was established to screen an older population of
94 people in primary care for CKD.¹⁵ This study showed that nearly half of people with CKD (44%) had not

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95 previously been diagnosed.¹⁰ The present study aimed to link OxRen data with clinical outcomes from
96 NHS Digital to determine the value of screening for CKD in an older primary care population. The aim
97 was to compare the risk of adverse health outcomes between people with an existing diagnosis of CKD
98 and those with screening detected CKD. The primary objective was to compare the risk of all-cause
99 mortality, hospitalisation, CVD and ESKD between these CKD groups. The secondary objective was to
100 identify factors associated with adverse health outcomes in patients with CKD.

101

102 Methods

103

104 **Study Design & Study Population**

105

106 The OxRen Study was the largest national CKD observational study, recruiting 3207 individuals aged \geq
107 60 years from primary care practices in Oxfordshire, England, from November 2013 to July 2017.¹⁵
108 Individuals entered the OxRen CKD cohort either based on an existing diagnosis of CKD in their primary
109 care record, or through screening. Screening detected CKD was defined by an eGFR <60 mL/min/1.73
110 m² and/or a urine ACR ≥ 3 mg/mmol which persisted on repeat measurement 3 months later.
111 Screening also identified a group of individuals with transiently impaired kidney function whose eGFR
112 and/or urine ACR returned to normal at the second screening visit. Detailed methodology of the
113 OxRen study is described elsewhere.^{10,15}

114

115 The present study, known as the New onset Kidney Impairment (NewKI) study recruited participants
116 from the OxRen CKD cohort. Individuals were invited to take part in a baseline assessment and to
117 provide written informed consent for their NHS number and date of birth to be linked to the Office
118 for National Statistics (ONS) civil death registry and Hospital Episode Statistics (HES) Admitted Patient
119 Care (APC) data. These data were provided by NHS Digital and enabled us to follow participants over
120 time to conduct a population-based prospective cohort study.

121 **Outcome Measures**

122

123 The primary outcome measure was a composite of all-cause mortality, hospitalisation for any cause,
124 CVD, or ESKD. Secondary outcome measures included each individual component of the composite
125 primary outcome measure. Additional outcome measures were factors associated with mortality in
126 people with CKD.

127

128 The primary outcome measures were reported according to CKD subgroup, which were defined as 1)
129 people with an existing diagnosis of CKD (existing CKD), 2) people with newly diagnosed CKD after
130 screening (screening detected CKD), and 3) people with transiently reduced kidney function identified
131 on screening (transiently impaired kidney function).

132

133 **Outcome Ascertainment**

134

135 Information concerning vital status and cause of death was ascertained until the 2nd of July 2021. Due
136 to a lag in HES data CVD events were ascertained until the 21st of March 2020 and ESKD events were
137 ascertained until the 30 of November 2019. International Classification of Diseases 10th revision (ICD-
138 10) codes were used to define CVD and ESKD events (code lists are shown in Supplementary Appendix
139 1 and 2, respectively). All CVD and ESKD events recorded prior to study entry were considered as
140 prevalent and excluded from analysis of the incidence.

141

142 **Factors associated with mortality**

143

144 We investigated the association between various characteristics and mortality in people with CKD.
145 This included the following sociodemographic and lifestyle variables: age, sex, ethnicity (white vs non-
146 white), body-mass index (BMI), waist-to-hip ratio (WHR), smoking status (never, former, or current),

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147 alcohol intake (in grams per week), and level of education. Level of education was coded as follows:
148 primary only (if the participants answered they had no qualifications), secondary (if the participants
149 answered they had A-levels, GCSEs, or O-levels), and higher education (if the participants answered
150 they had university or postgraduate studies). We also investigated blood pressure and co-morbidities
151 including hypertension, diabetes, ischaemic heart disease, heart failure, atrial fibrillation, peripheral
152 vascular disease, other cardiovascular disease, renal disease, urinary tract infection, thyroid disease,
153 anaemia, osteopenia, and osteoporosis.

154

155 **Statistical Analysis**

156

157 Sociodemographic, lifestyle, and co-morbidity variables were tabulated and reported as median and
158 interquartile range (IQR) for continuous variables, or frequency and percentage for categorical
159 variables. These baseline characteristics were reported separately for each CKD subgroup.

160

161 Cox proportional-hazards models were used to estimate Hazard Ratios (HR) and 95% Confidence
162 Intervals (CI) for the association of CKD subgroups and other factors associated with all-cause
163 mortality, hospitalisation for any cause, CVD and ESKD. Kaplan-Meier (KM) curves and log-rank tests
164 were used to compare survival between CKD subgroups, age groups, and men and women.

165

166 All analyses were conducted with R version 4.2.0 (Vienna, Austria) using the 'survival' and 'survminer'
167 packages.

168

169 **Power calculation**

170

171 A previous UK observational study reported that 69% of people routinely diagnosed with new CKD had
172 died by the end of study follow-up at 5.5 years.¹⁶ In the absence of UK data for people with CKD

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173 detected by screening, we used data from a French cohort of patients testing positive for CKD in two
174 measurements 3 months apart. The mortality in this cohort was 38% after 3 years of follow-up.¹⁷ Using
175 the sample size for the existing CKD and screening detected CKD groups in our study, and a 5% level
176 of statistical significance, we estimated our statistical power to be sufficient (>99%) to detect such
177 difference in mortality between groups. We expected this difference to be much lower after
178 adjustment for age and other determinants of mortality. However, even if the ratio between both
179 groups was as low as 1.27, we would still have greater than 80% power. Smaller differences in the risk
180 of death may suggest screening is helpful at identifying people with similar risk of death as those
181 already diagnosed routinely.

182

183 Results

184

185 In total, 902 participants consented for linkage of their data to NHS Digital. Data for 892 participants
186 were available for the analysis, of whom 257 (28.8%) had an existing diagnosis of CKD, 185 had
187 screening detected CKD (20.7%), and 450 (50.4%) had transiently reduced kidney function.

188

189 The characteristics of the study participants by CKD subgroup is shown in Table 1. There was a higher
190 proportion of females in the existing CKD group (53.3%), whilst in the screening detected CKD group
191 there was a higher proportion of males (54.1%). The median eGFR was lower in those with an existing
192 diagnosis of CKD, compared with those identified on screening (55.04 mL/min/1.73m² vs. 65.00
193 mL/min/1.73m²). Most patients did not have albuminuria, and median urine ACR was similar across
194 CKD groups (Existing CKD; 2.45 mg/mmol, Screening detected CKD; 2.80 mg/mmol). People with an
195 existing CKD diagnosis had a higher burden of hypertension, diabetes, and ischaemic heart disease,
196 compared to those with screening detected CKD.

197

198

199 **All-cause mortality**

200

201 In the overall cohort, after a median 4.59 (IQR 3.69 to 5.34) years of follow-up, 49 (5.43%) study
202 participants died (Table 2). The probability of survival beyond 5 years was 0.94 (95% CI 0.92-0.96). The
203 leading cause of death was cancer, accounting for 45.0% of all deaths ($n = 22$), followed by
204 cardiovascular disease which contributed to 27.0% of the deaths ($n = 13$).

205

206 There was no difference in all-cause mortality between CKD subgroups before or after adjustment for
207 confounders (Table 2). Figure 1 illustrates the Kaplan-Meier survival probability over time stratified by
208 CKD group.

209

210 Supplementary Table 1 shows estimates of the factors associated with all-cause mortality in people
211 with CKD, including those with an existing diagnosis of CKD and screening detected CKD. Men with
212 CKD had more than twice the risk of dying from any cause as women with CKD (HR 2.50, 95% CI 1.36-
213 4.60). The association of sex with all-cause mortality remained statistically significant even after
214 adjusting for age (HR 2.31, 95% CI 1.26-4.24). Age was also associated with all-cause mortality in
215 people with CKD. Per each additional year of age, the risk of death increased by 11% (HR 1.11, 95% CI
216 1.06-1.15). The association of age with all-cause mortality was not attenuated following adjustment
217 for sex (HR 1.10, 95% CI 1.06-1.15). Supplementary Figures 2 and 3 illustrate the Kaplan-Meier survival
218 probability over time stratified by sex and age.

219

220 A person with CKD and a medical history of heart failure had a large increase in the risk of all-cause
221 mortality (HR 8.19, 95% CI 3.94-16.99) compared to those with CKD but without heart failure. After
222 adjustment for age and sex, the association persisted but was attenuated (HR 5.18, 95% CI 2.45-10.97).

223

224

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225 **Cardiovascular disease and end-stage kidney disease**

226

227 Prior to enrolment in the study, 57 (6.4%) participants had already had a CVD event and were
228 therefore excluded from the incident analysis. After a median follow-up of 3.06 years (IQR 1.63-3.88),
229 135 (15.1%) of the study participants had an incident CVD event.

230

231 There was no difference in CVD incidence between CKD subgroups before or after adjustment for
232 confounders (Supplementary Table 2). No participants had an ESKD event during the study period. No
233 further analysis was therefore conducted for this outcome.

234

235 **Hospitalisation**

236

237 After a median follow-up of 1.62 (IQR: 0.57-3.14) years, 493 (55.3%) of the study participants had a
238 hospitalisation event. There was no difference in hospitalisation incidence between CKD subgroups
239 before or after adjustment for confounders (Supplementary Table 3).

240

241 **Composite outcome**

242

243 After a median follow-up of 1.62 (IQR 0.57-3.14) years, 495 (55.3%) of the study participants had a
244 composite outcome event. There was no difference in the incidence of the composite outcome
245 between CKD subgroups before or after adjustment for confounders (fully adjusted HR 0.94, 95% CI
246 0.67-1.33). The results from the crude, adjusted and fully adjusted models are shown in Table 3.

247

248

249

250

251 Discussion

252

253 **Summary of key findings**

254

255 In this unique prospective cohort of older adults in English primary care, we found no difference in
256 short-term mortality, hospitalisation due to any cause, or CVD incidence between people with an
257 established diagnosis of CKD and those identified through screening.

258

259 Older age (per 1 year fully adjusted HR 1.10, 95% CI 1.06-1.15), male sex (fully adjusted HR 2.31, 95%
260 CI 1.26-4.24), and heart failure (fully adjusted HR 5.18, 95% CI 2.45-10.97) were associated with
261 increased risks of death in people with CKD.

262

263 **Comparison with existing literature**

264

265 Previous screening programmes have identified large numbers of people with undiagnosed CKD¹⁸, but
266 population-based screening has not been shown to be cost-effective.^{12,13} Targeted screening of high-
267 risk groups, including those with diabetes and hypertension is recommended in many healthcare
268 settings.^{4,14} Several systematic reviews have evaluated the effectiveness of targeted CKD screening in
269 the community.^{13,19} These reviews identified significant variation in the assessment of CKD, with many
270 screening programmes not following KDIGO guidance on diagnosing CKD, relying on either a single
271 abnormal result or eGFR alone. This has limited the value of these programmes in drawing conclusions
272 on the effectiveness of screening. Moreover, new interventions such as SGLT2 inhibitors have recently
273 been recommended for use in people with CKD, warranting a re-evaluation of the potential benefits
274 and cost-effectiveness of CKD screening.²⁰

275

276 Older adults are not routinely screened for CKD and its potential value has not previously been
277 extensively explored. A cost-utility analysis of a Canadian CKD screening programme, using
278 assessment of eGFR, found that it was not cost-effective overall or in older adults.¹² They explored the
279 impact of screening on the risk of ESKD and mortality. The analysis was based on the premise that
280 screening would be expected to identify patients with no previous diagnosis who could then receive
281 a RAS inhibitor. In subgroups of people aged <65 and ≥65 years old, the cost per quality adjusted life
282 year (QALY) gained associated with screening was \$C200100 Canadian dollars (approximately
283 £116675) and \$C93700 (approximately £54635), respectively. Conversely, in subgroups of people with
284 and without diabetes, the cost per QALY gained was \$22600 (approximately £13177) and \$572000
285 (approximately £333525), respectively.¹² However, this study used eGFR to diagnose CKD and
286 potentially failed to identify individuals with proteinuria, who are at higher risk of adverse outcomes
287 and more likely to benefit from intervention. The study was also published prior to the availability of
288 SGLT2 inhibitors, and their potential impact was subsequently not considered in the analysis.

289

290 **Strengths and limitations**

291

292 To our knowledge, this is the first study to compare short-term health outcomes in older primary care
293 populations who were screened for CKD. A significant strength of this study is that CKD was diagnosed
294 using Kidney Disease Improving Global Outcomes (KDIGO) guidance.²¹ Our CKD screening process
295 included an assessment of both eGFR and proteinuria, which was repeated after 3 months. Outcomes
296 were assessed through data linkage with NHS Digital, enabling us to access data on deaths and
297 hospitalisations, which are highly regarded in terms of their quality.

298

299 Although the magnitude of the observed difference in mortality between the CKD groups was as
300 anticipated, the observed mortality rate in the cohort was lower than expected. This may have
301 impacted our ability to detect a difference in mortality between those with existing CKD diagnosis and

302 those with screening detected CKD. Moreover, due to a relatively short follow-up period and a cohort
303 of patients with early stages of CKD, we did not identify any cases of ESKD.

304

305 Selection bias is a limitation of our study. The study population was comprised largely of people of
306 White ethnicity, which has implications for the generalisability of our findings to the broader
307 population of older adults both in the UK and other countries. Ethnicity is an established risk factor
308 for mortality in people with CKD.²² Nearly all the participants in our study were of White ethnicity, and
309 this prevented us from investigating associations of ethnicity with death and other outcomes. This
310 may have also led to a lower overall mortality rate in the cohort.

311

312 Individuals were recruited into the present study based on the CKD groups they were originally
313 assigned in the OxRen study; existing CKD, screening detected CKD and screening detected transiently
314 impaired kidney function. Kidney function may have changed over time and those with transiently
315 impaired kidney function may have progressed to chronic kidney disease. This may have resulted in
316 misclassification bias, impacting on our ability to detect differences between the groups.

317

318 Confounding is a potential limitation of our analysis exploring factors associated with mortality in
319 people with CKD. We adjusted for age and sex in the models, but it is possible that other variables,
320 including cardiovascular co-morbidities, prescribed medications, eGFR and urine ACR confounded the
321 associations we observed.

322

323 **Implications for research and clinical practice**

324

325 Our study suggests that screening older people in primary care for CKD may be of value, as the risk of
326 mortality and other adverse health outcomes are comparable to those with an established diagnosis
327 of CKD. Individuals with transiently impaired kidney function also had comparable outcomes, likely

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328 reflecting a group at higher risk of adverse outcomes than those with normal kidney function.
329 Understanding what happens to the kidney function of those with transiently impaired kidney function
330 over time would be valuable and the lack of follow-up data on the kidney function in this group is a
331 limitation of the present study.

332

333 Older patients with CKD have several long-term conditions and this requires holistic care from the
334 general practitioner. There was no difference in cardiovascular events between subgroups and the
335 main cause of death overall was cancer. The frequency of co-morbidities in this age group may be the
336 reason that there is no difference seen in outcomes. The group with heart failure were at particularly
337 high risk and may be a group most likely to benefit from screening for CKD to optimise management.

338

339 The screening detected CKD population we identified had relatively preserved eGFR and few had
340 albuminuria. This could limit the potential of this group to benefit from interventions, such as RAS
341 inhibitors and SGLT2 inhibitors, given that their risk of CVD and progressive CKD will be comparatively
342 lower than other groups with high CKD prevalence such as those with diabetes.

343

344 Our study population was small and not representative of the broader population of older adults in
345 the UK. The characteristics of a larger and more diverse screening detected older CKD population
346 needs to be established, including the prevalence of proteinuric kidney disease and proportions of
347 those with more advanced kidney disease. This would help to determine cardiovascular risk and
348 likelihood to benefit from interventions such as RAS inhibitors and SGLT2 inhibitors in higher risk
349 patients. Future studies therefore need larger, older, and more diverse study populations with longer
350 follow-up, to determine whether CKD screening is cost-effective and improves clinical outcomes and
351 quality of life for older adults.

352

353

354 **Conclusions**

355

356 Our findings show that the risk of short-term mortality, hospitalisation, and CVD is comparable in older
357 people with CKD diagnosed through screening to those diagnosed routinely in primary care. This
358 suggests that screening older people for CKD may be of value, to increase detection and enable
359 disease-modifying treatment to be initiated at an earlier stage. Larger studies with longer follow-up in
360 more diverse and representative populations of older adults are needed to corroborate these findings
361 and determine whether CKD screening is effective in this group.

362

363 Declarations

364

365 **Ethics approval and consent to participate**

366

367 Ethical approval for the study was granted by the Yorkshire & The Humber Bradford Leeds Research
368 Ethics Committee (REC reference: 17/YH/0429). Informed written consent was provided by all
369 participants included in the study.

370

371 **Consent for publication**

372

373 Not applicable.

374

375 **Availability of data and materials**

376

377 The datasets used and/or analysed during the current study are available from the corresponding
378 author on reasonable request.

379

380 **Competing interests**

381

382 JMOM, WM, JH declare: no support from any organisation for the submitted work; no financial
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403

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405 Department of Health.

406 **Authors' contributions**

407

408 The OxRen and NewKI studies were conceived and designed by FDRH who also obtained the funding.

409 JH and JMOM designed this study and JMOM and AF analysed the data. AF, JMOM, and JH initially

410 drafted the manuscript under the supervision of FDRH. CJT was a member of the OxRen and NewKI

411 study teams. CJT and NJ edited the revised manuscript. All authors read the final version of the

412 manuscript and agreed to be listed as co-authors.

413

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415

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417 National Statistics (ONS) civil death registry and Hospital Episode Statistics (HES) Admitted Patient

418 Care (APC) data.

419

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421 their data with us.

422

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425 data entry and cleaning, patient recruitment (led by Research Nurses Heather Rutter, Pippa

426 Whitbread).

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428

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431

432 **Patient and public involvement**

433

434 Two patient representatives sit on the Study Steering Committee, which meets on a six-monthly basis
435 to assess the progress of participant recruitment and follow up, review, and contribute to study
436 materials and oversee the ethical and safe conduct of the research.

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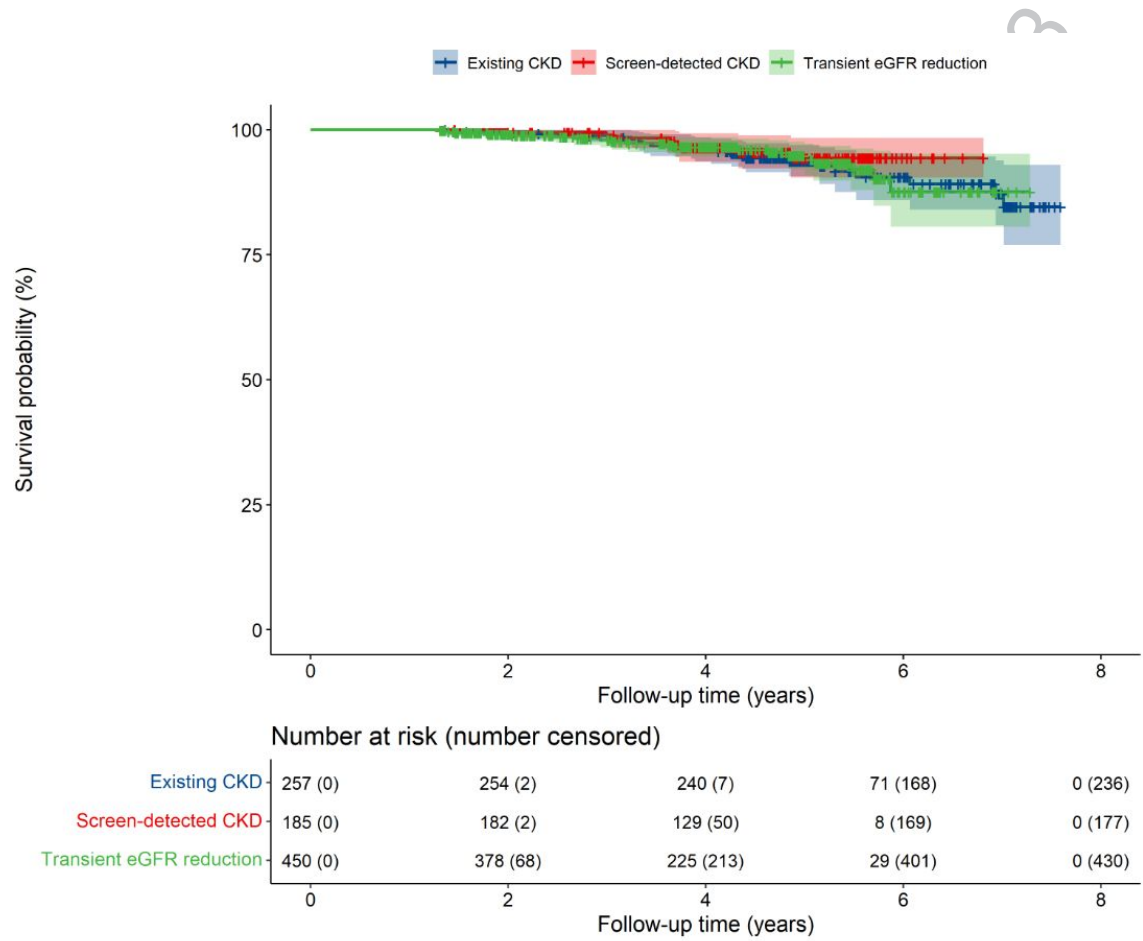


Figure 1: Kaplan-Meier survival probability over time stratified by CKD group.

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Table 1: Baseline characteristics of people with CKD stratified by CKD category.

	Existing CKD N = 257		Screening detected CKD N = 185		Transiently impaired kidney function N = 250	
Variable						
Gender, n (%)						
Men	120	(46.69)	100	(54.05)	205	(45.56)
Women	137	(53.31)	85	(45.95)	245	(54.44)
Age (years), Median (IQR)	75.03	(70.46 - 79.02)	73.74	(69.38 - 77.82)	72.89	(69.09 - 78.31)
Smoking Status, n (%)						
Never	133	(51.75)	97	(52.43)	256	(56.89)
Former	116	(45.14)	77	(41.62)	180	(40.00)
Current	8	(3.11)	11	(5.95)	14	(3.11)
Ethnicity, n (%)						
White	253	(98.44)	181	(97.84)	444	(98.67)
Non-white	4	(1.56)	4	(2.16)	6	(1.33)
Education, n (%)						
Primary only	87	(33.85)	71	(38.38)	153	(34.00)
Secondary	97	(37.74)	68	(36.76)	170	(37.78)
Higher education	73	(28.40)	46	(24.86)	127	(28.22)
Medical history of						
Hypertension, n (%)	166	(64.59)	107	(57.84)	224	(49.78)
Diabetes, n (%)	56	(21.79)	22	(11.89)	54	(12.00)
Ischaemic Heart Disease, n (%)	57	(22.18)	27	(14.59)	69	(15.33)
Heart Failure, n (%)	10	(3.89)	9	(4.86)	15	(3.33)
Atrial Fibrillation, n (%)	41	(15.95)	15	(8.11)	47	(10.44)
Other Cardiovascular Disease, n (%)	22	(8.56)	9	(4.86)	27	(6.00)
Peripheral Vascular Disease, n (%)	9	(3.50)	8	(4.32)	20	(4.44)
Renal Disease, n (%)	216	(84.05)	43	(23.24)	64	(14.22)
UTI, n (%)	108	(42.02)	75	(40.54)	205	(45.56)
Thyroid Disease, n (%)	32	(12.45)	21	(11.35)	54	(12.00)
Anaemia, n (%)	30	(11.67)	16	(8.65)	46	(10.22)
Osteopenia, n (%)	20	(7.78)	13	(7.03)	24	(5.33)
Osteoporosis, n (%)	18	(7.00)	13	(7.03)	34	(7.56)
Alcohol intake (g), median (IQR)	2	(1 - 7)	4	(1 - 10)	3	(0 - 10)
BMI (kg/m²), median (IQR)	26.9	(24.69 - 30.45)	27.22	(24.32 - 30.86)	26.85	(23.75 - 30.64)
WHR, median (IQR)	0.92	(0.84 - 0.97)	0.91	(0.85 - 0.98)	0.9	(0.84 - 0.97)
Systolic blood pressure (mmHg), median (IQR)	131	(120 - 144)	136	(124 - 149)	135	(123 - 146)
Diastolic blood pressure (mmHg), median (IQR)	78	(70 - 85)	80	(72 - 86)	80	(72 - 87)
eGFR (mL/min/1.73m²), median (IQR)	55.04	(45.91 - 63.95)	65	(57 - 77.75)	67	(59 - 80)
Urine ACR (mg/mmol), median (IQR)	2.45	(0.8 - 2.5)	2.8	(1.95 - 7.5)	2.45	(1.1 - 2.5)

Table 2: Hazard Ratios (HR) and 95% Confidence Intervals (CI) for the association of CKD categories with all-cause mortality among participants in the NewKI study

Category	Median follow-up (years)	PYs	N	n	MR	Crude model	Age & Sex adjusted	Multivariable model *
Existing CKD	4.93	1350	257	21	15.56	1.00 (Reference)	1.00 (Reference)	1.00 (Reference)
Screening detected CKD	4.57	838	185	8	9.548	0.74 (0.32 to 1.69)	0.81 (0.35 to 1.87)	0.41 (0.11 to 1.56)
Transiently impaired kidney function	4.00	1756	450	20	11.39	0.95 (0.510 to 1.78)	1.16 (0.61 to 2.19)	0.96 (0.35 to 2.65)

Abbreviations: **PYs:** sum of follow-up time at risk in years for all participants in the category; **N:** number of participants in the category; **n:** number of deaths in the category; **MR:** mortality rate (i.e. the quotient of number of deaths by the sum of follow-up time at risk).

* Multivariable model was adjusted for age, sex, smoking status and medical history of diabetes, hypertension, ischaemic heart disease, heart failure, other cardiovascular disease, eGFR and urine ACR.

Table 3: Hazard Ratios (HR) and 95% Confidence Intervals (CI) for the association of CKD categories with the composite outcome among participants in the NewKI study.

Category	Median follow-up (years)	PYs	N	n	IR	Crude model	Age & Sex adjusted	Multivariable model *
Existing CKD	4.93	1350	257	81	60	1.00 (Reference)	1.00 (Reference)	1.00 (Reference)
Screening detected CKD	4.57	838	185	65	77.58	1.11 (0.88 to 1.4)	1.16 (0.92 to 1.47)	0.94 (0.67 to 1.33)
Transiently impaired kidney function	4.00	1756	450	251	142.9	0.83 (0.68 to 1.02)	0.89 (0.72 to 1.09)	0.77 (0.55 to 1.07)

Abbreviations: **PYs:** sum of follow-up time at risk in years for all participants in the category; **N:** number of participants in the category; **n:** number of composite outcome cases in the category; **IR:** incidence rate, per 1,000 person-years (i.e. the quotient of number of composite outcome cases by the sum of follow-up time at risk).

* Multivariable model was adjusted for age, sex, smoking status and medical history of diabetes, hypertension, ischaemic heart disease, heart failure, other cardiovascular disease, eGFR and urine ACR.