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## Comparing antibiotic prescriptions in primary care between SARS-CoV-2 and influenza: a retrospective observational study

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2 CoV-2 and influenza: a retrospective observational study

3

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## 28 Abstract

### 29 Background

30 Antibiotics are frequently prescribed during viral respiratory infection episodes in primary care.  
31 There is limited information about antibiotic prescription during the SARS-CoV-2 pandemic in  
32 primary care and its association with risk-factors for an adverse course.

### 33 Aim

34 To compare the proportion of antibiotic prescriptions between patients with COVID-19 and influenza  
35 or influenza-like-symptoms, and to assess the association between antibiotic prescriptions and risk-  
36 factors for an adverse course of COVID-19.

### 37 Design

38 An observational cohort study using pseudonymised and coded routine healthcare data extracted  
39 from 85 primary care practices in the Netherlands.

### 40 Methods

41 Adult patients with influenza, influenza-like-symptoms, and suspected or confirmed COVID-19 during  
42 the period 2017 up until 2020 were included. We calculated proportions of antibiotic prescriptions  
43 for influenza and COVID-19 patients and odds ratios (ORs) comparing the associations of antibiotic  
44 prescriptions in COVID-19 patients with risk factors, hospital admission, intensive care (IC)  
45 admission, and mortality.

### 46 Results

47 The proportion of antibiotic prescriptions during the 1<sup>st</sup> SARS-CoV-2 wave was lower than during the  
48 2020 influenza season (9.6% vs 20.7%), difference 11.1% (95%CI:8.7-13.5). During the 2<sup>nd</sup> SARS-CoV-  
49 2 wave, antibiotic prescriptions were associated with being older than 70 (OR 2.05 95%CI:1.43-2.93),  
50 the number of comorbidities (OR 1.46 95%CI:1.43-2.93) and admission to hospital (OR 3.19  
51 95%CI:2.02-5.03) or IC (OR 4.64 95%CI:2.02-10.62).

52 **Conclusion**

53 Antibiotic prescription was less common during the SARS-CoV-2 pandemic than during influenza  
54 seasons and associated with an adverse course and its risk factors. Our findings suggest a relatively  
55 targeted prescription policy of antibiotics in primary care during COVID.

56 **Keywords:**

57 Primary healthcare, SARS-CoV-2, antibiotics, influenza.

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58 **How this fits in**

59 Antibiotics are frequently prescribed during viral respiratory infection episodes in primary care to  
60 treat a presumed bacterial superinfection. This may also have occurred during the SAR-CoV-2  
61 pandemic to treat COVID. To date there is limited information on patterns of antibiotic prescription  
62 during the SARS-CoV-2 pandemic in primary care. This study shows antibiotics were less frequently  
63 prescribed in primary care during the SARS-CoV-2 pandemic compared to preceding influenza  
64 seasons. This likely points to more appropriate prescription of antibiotics when guided by dedicated  
65 diagnostic tests. Antibiotic prescription was associated with a more severe course of SARS-CoV-2, as  
66 would be expected. This suggests that GPs are able to estimate the risk of an adverse course.

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## 68 Introduction

69 The new, severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2), like all viral respiratory  
70 tract infections (RTI), carries a risk of bacterial superinfection [1-3]. Antibiotics are often prescribed  
71 by general practitioners (GPs) to reduce morbidity and mortality due to these bacterial  
72 superinfections particularly in the presence of certain risk factors [1, 4-7]. Influenza is a recognized  
73 major seasonal cause of viral RTIs and a trigger comparable to SARS-CoV-2 with regard to the risk of  
74 bacterial superinfections [4].

75 There is limited information on the extent of antibiotic prescriptions in Corona Viral Disease 2019  
76 (COVID-19) patients in primary care and the associations of these prescriptions with outcomes of  
77 interest. The main disadvantage of the use of antibiotics is the development of antimicrobial  
78 resistance (AMR) [8]. Another downside is the occurrence of potential side-effects of antibiotics.  
79 Prudent antibiotic prescription is therefore still indicated and should be sustained in the current  
80 pandemic circumstances to reduce the risk of inappropriate antibiotic prescriptions to avoid  
81 unnecessary harm.

82 We compared antibiotic prescriptions during recent influenza seasons with those of the 1<sup>st</sup> - and 2<sup>nd</sup>  
83 SARS-CoV-2 waves in the Netherlands. In addition, associations between antibiotic prescriptions and  
84 hospital admissions, intensive care (IC) admissions, mortality, and various known risk factors, were  
85 calculated.

## 86 Methods

### 87 Study design and setting

#### 88 Data collection

89 For this observational study, we used pseudonymised, coded routine healthcare data from patients  
90 enlisted between 2016 – 2020 with one of the 85 General Practitioner (GP) participating in the  
91 Extramural LUMC Academic Network (ELAN) medical registry, operating out of the Leiden-The Hague  
92 area. GPs involved in this network provide complete and actively updated longitudinal data on their  
93 patients via their electronic medical records (EMRs). An informed opt-out procedure for the use of  
94 these pseudonymized data is in place.

#### 95 Inclusion

##### 96 Influenza

97 Patients 18 years or older with influenza, upper RTIs, or flu-like symptoms were identified in the  
98 ELAN registry by searching the dossiers for the International Classification of primary care codes 1<sup>st</sup>  
99 edition (ICPC-1) (Table 1). Patients were included if they had any of these codes registered during  
100 influenza seasons 2017, 2018, 2019 or 2020 (Box 1) [9, 10].

101 Box 1. Definition and dates influenza season [9, 10]

An influenza season is defined as more than 51 patients per 100,000 inhabitants with influenza like illness or symptoms visiting their GP. For season 2019-2020, the threshold was 58 patients per 100,000 inhabitants per week.

2017: November 28, 2016 up to including March 6, 2017.

2018: December 11, 2017 up to including April 9, 2018.

2019: December 10, 2018 up to including March 11, 2019.

2020: January 27, 2020 up to including, March 15, 2020



102

### 103 SARS-CoV-2

104 We accepted two definitions for diagnosis of a COVID-19 infection: 1) COVID-19 confirmed with a  
105 positive PCR-test and an appropriate ICPC code in the EMR (Table 1), and 2) COVID-19 highly  
106 suspected, based on symptoms (Box 2) and an appropriate ICPC code in the EMR (Table 1). The 2<sup>nd</sup>  
107 definition was used due to a lack of test capacity in the Netherlands from the start SARS-CoV-2  
108 pandemic (February 2020) until June 1<sup>st</sup> 2020. Patients were included in our study if their PCR-test or  
109 symptoms (box 2) matched the definition of COVID-19, categorized as confirmed or suspected  
110 COVID-19 and divided in two groups according to their date of diagnosis [11]. The first wave lasted  
111 from February 15, 2020 to August 1, 2020. The second wave lasted from August 1, 2020 to January  
112 1, 2021. The SARS-CoV-2 Wuhan lineage was dominant in the Netherlands during both waves [12].

#### 113 Box 2. Symptoms of SARS-CoV-2 [11]

- Coughing
- Cold
- Sore throat
- Shortness of breath while resting or during light exertion
- Loss of taste or smell
- Fever
- Sudden fatigue
- Diarrhoea
- Headache
- Conjunctivitis
- Muscle- and joint pains

114

115

## 116 Antibiotic prescriptions

117 The Anatomical Therapeutic Chemical Classification System code J01 was used to identify and  
118 extract data on oral antibiotic prescriptions from the ELAN registry. Prescriptions were linked with  
119 influenza patients and COVID-19 patients through the pseudonymized patient numbers following a  
120 check that the date of the antibiotic prescription corresponded with the registration date of the  
121 ICPC-1 code. If the date of the antibiotic prescription and the registration date did not correspond,  
122 the antibiotic prescription was not included.

## 123 Hospital and intensive care admissions and mortality

124 An adverse course of a SARS-CoV-2 infection was defined in our study as a hospital admission, IC-  
125 admission, or mortality. Data on this adverse course was extracted from the EMR in the ELAN  
126 registry through examination of the free text in the EMR of each COVID-19 patient.

## 127 Risk factors on adverse course of SARS-CoV-2

128 Risk factors tested for association with a severe course of a SARS-CoV-2 infection were based on the  
129 definition by the Dutch National Institute for Public Health and the Environment and outcomes of  
130 recent literature reviews on risk factors for an adverse course of COVID-19 [13-15]. Included risk  
131 factors are: age, sex, obesity, smoking, heart disease, diabetes mellitus, severe chronic respiratory  
132 disease, HIV-infection, severe renal disease, severe liver disease and Down syndrome. The  
133 definitions are listed in Table 2.

## 134 Outcome

135 Our outcome measures were (a) number of antibiotic prescriptions and (b) proportion of patient  
136 contacts resulting in antibiotic prescriptions during influenza seasons 2017-2020 and during the 2  
137 waves of the SARS-CoV-2 pandemic (2020), (c) the number of hospital admissions, (d) IC-admissions  
138 and (e) deaths among COVID-19 patients.

139 **Statistical analysis**

140 For comparison of extent of antibiotic prescription between SARS-CoV-2 and influenza, we  
141 compared the number of antibiotic prescriptions and proportion of patient contacts resulting in  
142 antibiotic prescriptions during influenza seasons and the SARS-Covid-2 pandemic via unpaired t-  
143 tests. Association testing between risk factors and outcome measures was performed using  
144 multivariate logistic regression with age, sex, obesity and smoking added to the model as covariates  
145 with the additional risk-factors, heart disease, diabetes mellitus, severe chronic respiratory disease,  
146 Human immunodeficient virus (Hiv) infection, severe renal disease, severe liver disease and Down  
147 syndrome, merged into a composite co-morbidity variable. For calculation of this composite  
148 variable, the presence of each risk factor/disease was counted as 1 and added together as a count  
149 variable. Our multivariate logistic regression model tested the associations between these risk  
150 factors and outcome measures (a and b) antibiotic prescriptions, (c) hospital admissions, (d) IC-  
151 admissions and (e) mortality.

152 Multiple imputation was used to address missing data for risk factors smoking and obesity. The  
153 imputation model included all covariates and outcomes (details of multiple imputation model in  
154 supplement 1). IBM SPSS statistics version 25 was used for statistical analysis.

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## 155 Results

156 In total, 1702 patients were diagnosed by their GP with suspected or confirmed COVID-19 in the 1<sup>st</sup>  
157 wave of 2020 with 6904 patients diagnosed in the 2<sup>nd</sup> wave (Table 3). The total number of antibiotics  
158 prescriptions was similar during the 1<sup>st</sup> wave as compared to the 2<sup>nd</sup> wave, (209 versus 238  
159 prescriptions, respectively). The proportion of antibiotic prescriptions per patient contact was higher  
160 during the 1<sup>st</sup> wave, 9.6% (95% CI:7.9-11.4), than during the 2<sup>nd</sup> wave 2.7% (95% CI:1.4-4.0).  
161 Influenza season 2020 had the lowest number of antibiotic prescriptions per contact (20.7%) of any  
162 influenza season here analyzed. This was higher than during the 1<sup>st</sup> and 2<sup>nd</sup> SARS-CoV-2 waves 9.6%  
163 (95% CI:7.9–11.4) and 2.7% (95% CI:1.4–4.0) respectively (Table 4). All influenza seasons had a  
164 higher proportion of antibiotic prescriptions per patient contact compared to both SARS-CoV-2  
165 waves (Table 4). During the 2<sup>nd</sup> wave, a higher proportion of the patients with suspected COVID-19  
166 were prescribed antibiotics, 5.0% (95% CI:3.8–6.2), compared with patients with confirmed COVID-  
167 19, 2.5% (95% CI:1.3-3.7). During, the 1<sup>st</sup> wave, the proportion of prescribed antibiotics per contact  
168 was for patients with suspected, or confirmed COVID-19, 10.7% (95% CI:7.8-13.6) and 6.1% (95%  
169 CI:3.9-9.0) respectively.

170 Similar effect estimates were found with multivariate logistic regression using original or pooled  
171 imputed data. Therefore, results from multivariate logistic regression with pooled imputed data are  
172 presented. During the 2<sup>nd</sup> wave, an antibiotic prescription was positively associated with an age of 70  
173 years and older (OR 2.05 95% CI:1.43-2.93), the number of comorbidities (OR 1.46 95% CI:1.18-1.82)  
174 (Figure 1), a hospital admission (OR 3.19 95% CI:2.02-5.03) or IC-admission (OR 4.64 95% CI:2.02-  
175 10.62) (Figure 2).

## 176 Discussion

### 177 Summary

178 In this study, we compared the frequencies of antibiotic prescription during SARS-CoV-2 episodes  
179 with those of preceding influenza episodes. We found antibiotic prescriptions to be less frequently  
180 used in primary care during SARS-CoV-2 than during influenza seasons 2017 up to and including  
181 2020. Antibiotic prescriptions during the 2<sup>nd</sup> SARS-CoV-2 wave were associated with older age, with  
182 the number of comorbidities, and also with hospital- or IC-admission later. This association was not  
183 observed during the first wave.

### 184 Comparison with existing literature

185 In our study population, antibiotics were prescribed for 20-30% of patients with influenza-like illness  
186 or influenza. This may, according to the guidelines, be interpreted as inappropriate prescription.  
187 Other Dutch studies likewise show excessive antibiotic prescription during viral RTI episodes by GPs  
188 [6, 16, 17]. However, these studies include different symptoms and diseases, which makes them  
189 difficult to compare directly. The prescription of antibiotics was less common during the SARS-CoV-2  
190 pandemic in the Netherlands, as compared to the rates recorded for RTIs pre-SARS-CoV-2.  
191 The proportion of antibiotic prescriptions per contact for SARS-CoV-2 during the 1<sup>st</sup> wave (9.6%) was  
192 comparable to antibiotic prescribing in the management of RTI symptoms in Dutch primary care  
193 reported in a study of van der Velden during the SARS-CoV-2 pandemic (7.1%) [18].

194 In our study, the total sum of antibiotic prescriptions during SARS-CoV-2 did not differ much  
195 between the first and second waves. This in spite of the burden of the SARS-CoV-2 pandemic being  
196 higher during the 2<sup>nd</sup> compared to the 1<sup>st</sup> wave, reflected by the higher number of hospital  
197 admissions for COVID-19 patients in the Netherlands [19]. The relatively higher frequency of  
198 antibiotic prescriptions during the 1<sup>st</sup> wave may partly be due to registration bias, as not all COVID-  
199 19 patients during the 1<sup>st</sup> wave were registered. Another reason for the less frequent prescription of  
200 antibiotics during the 2<sup>nd</sup> wave may be the increasing knowledge on disease course and risk factors

201 for severe deterioration of COVID-19. Further, there were fewer non-COVID RTIs during the SARS-  
202 CoV-2 pandemic [20]. The high probability of a SARS-CoV-2 infection combined with accessible PCR-  
203 testing for SARS-CoV-2 aids the GP with diagnostic accuracy and likely decreases antibiotic  
204 prescription.

## 205 **Validity and limitations**

206 A strength of our study is the comparison of antibiotic prescriptions during influenza with those  
207 during the SARS-Cov-2 pandemic. Influenza and SARS-Cov-2 cause similar symptoms in primary care  
208 patients. Influenza was already a major seasonal cause of viral RTIs and now SARS-CoV-2, at least  
209 initially, may have the same effect on GPs behavior in primary healthcare as they frequently  
210 encounter patients with respiratory complaints due to influenza or SARS-CoV-2 and the initial  
211 assessment does not differ between the two diseases. Our study revealed increasing differences in  
212 antibiotic prescriptions which may reflect increasing experience among physicians in judging disease  
213 severance, or better estimates of potential adverse disease course development.

214 The results of our study may be hindered by registration bias as not all COVID-19 patients were  
215 registered (correctly) prior to June 1<sup>st</sup> 2020. The gold standard for diagnosing COVID-19 patients is a  
216 positive polymerase chain reaction (PCR) test from a nasal and throat swab (10). Until June 1<sup>st</sup> 2020,  
217 there was a lack of PCR-testing capacity in the Netherlands. As a consequence, only patients with  
218 COVID-19 symptoms assessed at an emergency department were tested. Until June 1<sup>st</sup> 2020, GPs  
219 mainly based a COVID-19 diagnosis on the medical history, patient characteristic and reported and  
220 observed symptoms. Patients were advised to contact their GP if they experienced severe  
221 symptoms. This led to under-registration of COVID-19 patients in the 1<sup>st</sup> wave, leading to a higher  
222 proportion of patients with a severe course of COVID-19 being registered. From June 2020 onwards,  
223 all patients with symptoms could be tested for SARS-CoV-2 by the municipal health services and test  
224 results were quickly passed on to GPs. But patients could have to wait up to 3 days before a PCR-test

225 was performed and the results were passed on. Meanwhile, they may have contacted their GPs,  
226 leading to a suspected COVID-19 registration.

227 At the start of the SARS-CoV-2 pandemic in the Netherlands, COVID-19 patients (with suspicion of)  
228 were not uniformly registered in the EMR with the same ICPC code. A separate ICPC code, R83.03  
229 SARS-CoV-2, was introduced in November 2020, and slowly implemented. Most patients were  
230 registered according to their “influenza like” symptoms. For this reason, patients of 18 years and  
231 older with the ICPC codes listed in table 1 were selected broadly from our study population. As only  
232 respiratory ICPC codes were selected, we potentially missed asymptomatic COVID-19 patients, or  
233 patients with only non-respiratory symptoms associated with SARS-CoV-2. Use of routinely collected  
234 healthcare data always carries a risk of missing data, as was the case in our study. We feel confident  
235 missing data in our study is missing at random. Our percentage of hospital admissions and mortality  
236 during the 2<sup>nd</sup> wave were comparable to national percentages, suggesting any selection and  
237 registration bias in the 2<sup>nd</sup> wave was low [12, 21]. As such, we address the analysis of the 2<sup>nd</sup> wave in  
238 our primary discussion.

### 239 [Implications for research and practice](#)

240 We found antibiotic prescriptions were given less often for SARS-CoV-2 compared to influenza  
241 seasons. This may be due to proper testing of patients for SARS-CoV-2, along with a coinciding lower  
242 prevalence of influenza and other respiratory viruses, leading to less diagnostic uncertainty about  
243 potentially missing a bacterial infection. This may have led to more confidence in the diagnostic  
244 accuracy among physicians and hence to communicating a diagnosis to a patient with more  
245 certainty.

246 As a result, antibiotics to prevent or treat a possible bacterial superinfection were largely restricted  
247 to those assessed to be at risk for developing or having a more adverse course of COVID-19. Since  
248 SARS-CoV-2 testing might be the most probable explanation of increased appropriateness in  
249 antibiotic prescriptions over time, rapid point of care tests for influenza and other viral RTIs may

250 further reduce diagnostic uncertainty and result in fewer antibiotic prescriptions during viral RTI  
251 episodes. A Dutch study in primary care has already suggested that point of care testing for patients  
252 with RTIs may decrease antibiotic prescriptions [22].

## 253 Conclusions

254 We confirm that a high proportion of patients with influenza in the past four seasons were treated  
255 with antibiotics by their GP. In contrast, the rate of antibiotic prescription in primary care during the  
256 first two waves of the SARS-CoV-2 pandemic in the Netherlands was lower. COVID-19 patients who  
257 were prescribed an antibiotic were more likely to have risk factors and more often experienced an  
258 adverse course of COVID-19, as is shown by an increased number of hospital -, or IC-admissions  
259 among those prescribed antibiotics. These observations suggest a relatively targeted antibiotic  
260 prescription policy during COVID-19, but also clearly suggest that inappropriate antibiotic  
261 prescription would potentially decrease further with prior diagnostic testing for other specific viral  
262 infections.

263

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## 269 Ethical approval

270 The Ethics Committee of the Leiden University Medical Centre approved the study design (file  
271 number G20.020).

## 272 Competing interests

273 The authors declared that they have no competing interests.

## 274 Supplements

275 Supplement 1. Multiple imputation

276

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## Tables

Table 1. Overview of included ICPC-1 codes per disease group

ICPC-1 Code	Influenza group	SARS-CoV-2 group
R74 Acute upper respiratory infection	Yes	Yes
R75 Acute / chronic sinusitis	Yes	Yes
R77 Acute laryngitis/tracheitis	Yes	Yes
R78 Acute bronchitis / bronchiolitis	Yes	Yes
R80 Influenza	Yes	Yes
R81 Pneumonia		Yes, excluding R81.01 Legionella pneumonia
R83 Other respiratory infection		Yes, excluding R83.01 Diphtheria and R83.02 Sarcoidosis

ICPC-1: International Classification of Primary Care 1<sup>st</sup> edition. SARS-CoV-2: Severe Acute Respiratory Syndrome coronavirus-2

Table 2. Definition of riskfactors on adverse course of SARS-CoV-2

Risk factor	Definition
Age ≥ 70 year	Patients 70 years and older per 1-01-2020
Sex	Male gender
Obesity, BMI > 29	Body mass index is higher than 29 per 1-01-2020
Smoking	Patients with an active or previous smoking status per 1-01-2020
Heart disease*	ICPC K74 Angina pectoris ICPC K75 and K76 Myocardial infarct ICPC K77 Heart failure ICPC K78 Atrial fibrillation
Diabetes mellitus*	ICPC T90 Diabetes mellitus
Severe chronic respiratory disease*	ICPC R91 Chronic bronchitis ICPC R89 Congenital anomaly respiratory ICPC R91 Bronchiëctasieën ICPC R95 COPD
Hiv-infection*	ICPC B90 Use of anti-viral medication for a Hiv-infection
Severe renal disease*	ICPC U99(.01) Renal impairment and eGFR is below 25 ml/min/1.73 m <sup>2</sup>
Severe liver disease*	ICPC D97 Cirrhosis Liver failure of liver decompensation Contra-indication label liver impairment
Down syndrome*	ICPC A90.(01) Down syndrome

BMI: Body mass index. ICPC: International Classification of Primary Care codes 1<sup>st</sup> edition. Hiv: Human immunodeficient virus. COPD: Chronic Obstructive Pulmonary Disease. eGFR: estimated Glomerular Filtration Rate.

\*These risk factors were merged into one co-morbidity variable. The presence of each single risk factor/disease was counted as 1 and added together as count variable.

Table 3. Patient characteristics

Diagnosis	Influenza				SARS-CoV-2	
	2017	2018	2019	2020	1 <sup>st</sup> wave	2 <sup>nd</sup> wave
Year/Season	2017	2018	2019	2020	1 <sup>st</sup> wave	2 <sup>nd</sup> wave
Population size*	254,586	276,275	288,703	288,305	288,305	288,305
Number of patients	4579	8016	4354	1422	1702	6904
Age range in years (mean)	18-100 (51)	18-102 (51)	18-101 (51)	18-99 (48)	18-100 (50)	18-100 (48)
Confirmed SARS-CoV-2 (n)	-	-	-	-	247	5682
Suspected SARS-CoV-2 (n)	-	-	-	-	1455	1222
Number of contacts with GP practices	4858	9298	4922	1542	2165	8867
Riskfactors for adverse course SARS-CoV-2 infection						
Age ≥ 70 year % (n)	18.8 (860)	18.2 (1457)	18.5 (804)	13.3 (189)	14.9 (253)	11.7 (806)
Male % (n)	35.4 (1622)	36.5 (2929)	34.6 (1507)	37.7 (536)	38.4 (653)	42.3 (2923)
Obesity, BMI > 29 % (n)†	17.6 (807)	18.2 (1456)	18.9 (823)	17.2 (245)	6.6 (113)	16.6 (1147)
Smoking: current and previous % (n)‡	25.9 (1185)	25.9 (2077)	25.2 (1099)	23.1 (329)	9.8 (166)	19.3 (1330)
Heart disease % (n) §	12.3 (565)	10.5 (844)	10.4 (452)	7.2 (102)	3.5 (59)	8.0 (550)
Diabetes mellitus % (n)	10.4 (477)	10.5 (839)	9.8 (427)	8.2 (116)	10.6 (181)	9.9 (682)
Severe chronic respiratory disease (n)¶	3.4 (154)	3.5 (277)	3.4 (150)	2.8 (40)	6.2 (105)	2.9 (198)
Hiv-infection % (n)#	0.3 (13)	0.3 (21)	0.3 (15)	0.1 (1)	0.4 (6)	0.3 (20)
Severe kidney disease (eGFR<26) % (n)**	0.4 (19)	0.4 (35)	0.2 (9)	0.2 (3)	0.6 (11)	0.3 (21)
Liver failure % (n)**	0.1 (1)	0	0.1 (1)	0	0	0
Down syndrome % (n)	0.1 (1)	0.1 (1)	0.1 (3)	0	0	0.1 (1)

SARS-CoV-2: Severe Acute Respiratory Syndrome coronavirus-2. GP: General practitioner. ICPC: ICPC: International Classification of Primary Care codes 1<sup>st</sup> edition. BMI: Body mass index.

\* In total, 348,553 individual patients were registered during the study period 2016-2020 in the ELAN Datawarehouse. The population size per year is the number of patients registered during that study year.

† Missing BMI (year/season, n): 2017, 2507; 2018, 4338; 2019, 2378; 2020, 847; 1<sup>st</sup> wave, 1434; 2<sup>nd</sup> wave, 4274.

‡ Missing smoke status (year/season, n): 2017, 2403; 2018, 4201; 2019, 2312; 2020, 805; 1<sup>st</sup> wave, 1404; 2<sup>nd</sup> wave, 4182.

§ Heart disease: ICPC K74 Angina pectoris, ICPC K75 and K76 Myocardial infarct, ICPC K77 Heart failure, ICPC K78 Atrial fibrillation.

Diabetes mellitus: ICPC T90 Diabetes mellitus.

¶ Severe chronic respiratory disease: ICPC R91 Chronic bronchitis, ICPC R89 Congenital anomaly respirator, ICPC R91 Bronchiëctasieën, ICPC R95 COPD.

# Hiv-infection : ICPC B90, Use of anti-viral medication for a Hiv-infection.

\*\* Severe renal disease: ICPC U99(.01) Renal impairment and eGFR is below 25 ml/min/1.73 m<sup>2</sup>.

†† Liver failure: ICPC D97 Cirrhosis, Liver failure of liver decompensation, Contra-indication label liver impairment.

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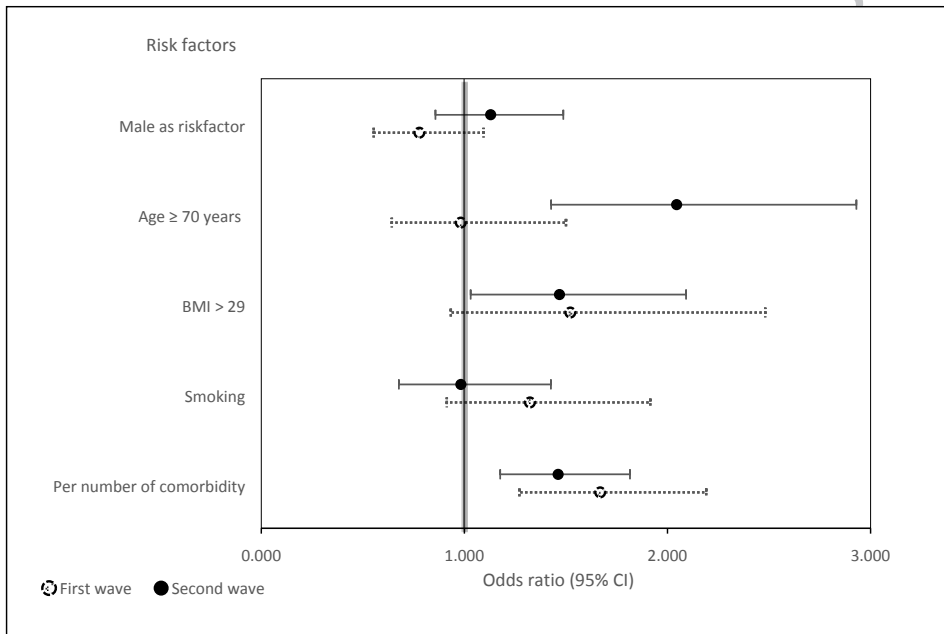
**Table 4. Number of antibiotic prescriptions per season per group and observed outcome**

Diagnosis	Influenza				SARS-CoV-2	
	2017	2018	2019	2020	1 <sup>st</sup> wave	2 <sup>nd</sup> wave
Year/season	2017	2018	2019	2020	1 <sup>st</sup> wave	2 <sup>nd</sup> wave
Number of patients	4579	8016	4354	1422	1702	6904
Number of contacts with GP practices	4858	9298	4922	1542	2165	8867
Antibiotic prescriptions per total contacts % (n)	25.1 (1221)	27.9 (2595)	29.6 (1458)	20.7 (319)	9.6 (209)	2.7 (238)
Penicillins % (n)	13.9 (676)	15.7 (1458)	17.7 (869)	12.6 (194)	6.7 (145)	2.2 (177)
Macrolides % (n)	3.0 (147)	3.9 (364)	3.7 (184)	2.5 (38)	1.0 (21)	0.3 (27)
Tetracyclines % (n)	8.1 (393)	8.1 (755)	8.1 (397)	5.5 (85)	1.7 (37)	0.3 (30)
Other % (n)	0.1 (5)	0.2 (18)	0.1 (8)	0.1 (2)	0.3 (6)	0.1 (4)
<b>Observed outcome</b>						
Hospital admissions % (n)	-	-	-	-	7.5 (128)	3.3 (227)
Intensive-care admissions % (n)	-	-	-	-	1.5 (25)	0.6 (41)
Mortality % (n)	-	-	-	-	2.1 (36)	1.0 (71)
<b>Difference in proportion of antibiotic prescriptions between influenza seasons and SARS-CoV-2 waves</b>						
1 <sup>st</sup> wave % (95% CI)	15.5 (13.8-17.2)	18.3 (16.8-19.8)	20.0 (18.2-21.8)	11.1 (8.7-13.5)	-	-
2 <sup>nd</sup> wave % (95% CI)	22.4 (21.1-23.7)	25.2 (24.2-26.2)	26.9 (25.6-28.2)	18.0 (15.9-20.1)	-	-

SARS-CoV-2: Severe Acute Respiratory Syndrome coronavirus-2. CI: Confidence Interval. GP: General practitioner

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Figure 1. Riskfactors associated with receiving an antibiotic prescription\*

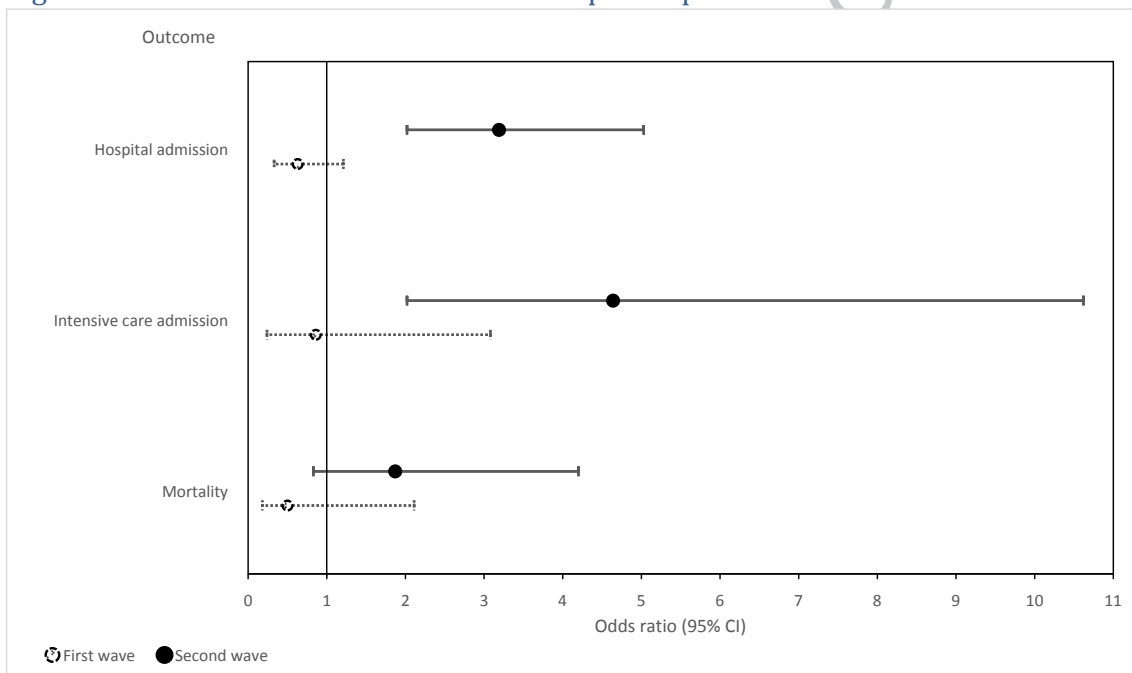


BMI: Body Mass Index. CI: Confidence Interval.

\* Multivariate logistic regression was performed with pooled imputed data and outcomes were adjusted for all riskfactors.

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Figure 2. Observed outcome after antibiotic prescription for SARS-CoV-2\*



BMI: Body Mass Index. CI: Confidence Interval.

\* Multivariate logistic regression was performed with pooled imputed data and outcomes were adjusted for all riskfactors.

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